

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Refilwe Adams

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

**TIME** 01:19:05

**PACE** 07:54/km

**OVERALL** 348 of 738

27 October 2018, Sat

**Date** 

**GENDER** 144 of

447

**40+** 30 of 102